

ELDERLY MEAL SITE MENU

February 2019

Friday- February 1, 2019-Chicken Dumpling Soup, Crackers,
Orange

Elderly Meal Site Menu

February 2019

Monday- February 4, 2019- Pork Chop, Mashed Potatoes, Brussel Sprouts, Carrots, Applesauce

Tuesday –February 5, 2019-Cold Turkey and Swiss on Whole Wheat with Lettuce and Tomato, Broccoli and Cauliflower w/dip, Fruit in Jello

Wednesday-February 6, 2019- Wet Burrito, Tortilla Chips w/ Salsa, Strawberry Rhubarb Dump Cake, Fruit Juice

Thursday- February 7, 2019- Spaghetti and Meatballs, Garlic Bread, Cottage Cheese, Cucumber-tomato Salad, Nutri grain Bar

Friday-February 8, 2019-Lentil and Ham soup, Fry Bread, Orange

Elderly Meal Site Menu

February 2019

Monday-February 11, 2019-Creamy Chicken over Biscuits,
Spinach Salad, Mandarin Oranges

Tuesday-February 12, 2019- Meatloaf, Mashed Potatoes, Gravy,
Green Beans, Squash, Bread and Butter, Banana

Wednesday –February 13, 2019-Turkey, Stuffing, Corn,
Cranberry Sauce, Dinner roll, Apple

Thursday-February 14, 2019-Baked Lemon Pepper Cod , Cole
Slaw, Baked Beans, Rye Bread, Pineapple and Lime Fluff

Friday-February 15, 2019- Potato Bacon Soup, Crackers, Cheese
Stick, Cucumber Salad, Grapes

Elderly Meal Site Menu

February 2019

Monday-February 18, 2019 – Holiday

Tuesday- February 19, 2019- Salisbury Steak , Baked Potato,
Carrots, Dinner roll, Cantaloupe

Wednesday-February 20, 2019- Italian Pasta Bake, Side Salad,
Breadstick, Cottage Cheese, Tropical Fruit

Thursday-February 21, 2019- Chicken Wings, Cheesy Rice,
Country Blend Vegetables, Hummis and Crackers, Banana
Cream Torte, Peaches

Friday-February 22, 2019- Boiled Dinner, Dinner Roll, Fruit Juice

Elderly Meal Site Menu

February 2019

Monday- February 25, 2019- BBQ Chicken, Macaroni and Cheese, Peas and Carrots, Mandarin Oranges in Jello

Tuesday- February 26, 2019- Scalloped Potatoes & Ham, Beets, Dinner Roll, Mixed Berry Pie

Wednesday-February 27, 2019-Hot Beef Sandwich, Zucchini Casserole, Carrots and Celery Sticks w/Dip, Apricots

Thursday- February 28, 2019- Fish Sandwich w/Cheese, Sweet Potatoes, Calico Beans, Broccoli Slaw, Rye Bread, Apple

Friday- March 1, 2019-Beef Barley Soup, Bread and Butter, Pears

