

Elderly meal Site Menu

September 2019

Monday-September 2, 2019- Holiday

Tuesday-September 3, 2019- BBQ Chicken, Glazed Carrots, Side Salad,
Dinner roll, Chocolate Chip Cookie, Pears

Wednesday-September 4, 2019-Crispitos, [Salsa, Sour Cream] Corn,
Spanish Rice, Mixed Berry Parfait

Thursday-September 5, 2019-Lemon Pepper Cod, Baked Potato, Cole
Slaw, Baked Beans, Rye Bread, Orange

Friday-September 6, 2019-Chicken and Wild rice Casserole, Broccoli and
Dip, V-8 Juice, Pears

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Monday-September 9, 2019-Tuna Casserole [w/ Peas, Cheese] Tomato-Cucumber salad, Cheese Stick, Grapes

Tuesday-September 10, 2019- Pork Roast, Mashed Potatoes, Gravy, Asparagus, Dinner Roll, Apple Sauce, Yogurt,

Wednesday-September 11, 2019-Italian Pasta Bake, Garlic Bread, Tossed Salad, Green Beans, Cottage Cheese, Strawberry Rhubarb Pie

Thursday-September 12, 2019-Creamed Turkey w/Corn and Peas over Biscuit, Cranberry Sauce, Peaches

Friday-September 13, 2019-Ham and Cheese Sandwich on Whole Wheat w/ Lettuce Tomato and Cheese, Cold Pork and Beans, Kiwi

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Monday-September 16, 2019- Grilled Chicken Breast over Alfredo Noodles, Broccoli, Carrots, Bread stick, Cantaloupe

Tuesday-September 17, 2019-Meatloaf, Baked Potato, Country Blend Vegetables, Bread and Butter, Mixed Berries

Wednesday-September 18, 2019-Pizza Burger, Peas, Bean Dip w/ crackers, Banana, Chocolate Poke Cake,

Thursday-September 19, 2019-Baked Ham, Mashed Potatoes and Gravy, Carrot and Celery Sticks w/dip, Brussel Sprouts, Dinner roll, Jello w/ Fruit

Friday-September 20, 2019-Cheesy Broccoli Soup, Roast Beef Sandwich, Cucumber Slices, Mandarin Oranges, Nutri-Grain Bar

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Monday- September 23, 2019-Meatball Sub Sandwich w/Cheese, Broccoli, Green Beans, Pineapple Lime Fluff

Tuesday-September 24, 2019-Pork and Gravy over Rice, Spinach, Wax Beans, Egg Roll, Tropical Fruit

Wednesday-September 25, 2019- Polish Sausage and Sour Kraut Casserole-Mashed Potatoes, Bread and Butter, Beets, Strawberries

Thursday-September 26, 2019-Baked Cod, Calico Beans, Cole Slaw, Rye Bread, Banana Pudding, Fruit Cocktail

Friday-September 27, 2019-Turkey Sandwich w/Lettuce Tomato and Cheese, Potato Salad, Grapes

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Monday-September 30, 2019-Sloppy Joe's, Cauliflower, Peas, Nutri-Grain Bar, Apple